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8 Best Sleeper Sofas for Comfort and Convenience 2024

By [Alison Barretta](#)



Reviewed by [Marlo Jappen Porto](#)

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When you don't have a guest room or storage for an air mattress, a sleeper sofa is an ideal solution for hosting overnight visitors. This versatile piece of furniture serves as the main seating area for your living space, but extends to a bed whenever you need it. And many of today's sleeper sofas are designed to be just as comfortable as actual beds.

To narrow down the best sleeper sofas, we asked several interior designers and a chiropractor to weigh in on what to keep in mind as you're shopping for one. We also conducted a survey among 100 people who have either bought or considered buying a sleeper sofa for insight into the qualities and features that everyday consumers prefer. This research helped guide our decision to name the Rove Concepts Milo Sleeper Sofa as the best option overall.

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Best Overall

Rove Concepts Milo Sleeper Sofa »

**PROS:**

- ✓ Easy to convert from sofa to bed
- ✓ Machine-washable mesh mattress cover
- ✓ Available in queen or king

CONS:

- ✗ Difficult to find sheets that fit the mattress
- ✗ Not suited for smaller spaces

[Buy From Rove Concepts](#)

The Rove Concepts Milo Sleeper Sofa earns praise from shoppers, professional reviewers, and interior designers for its sleek design, luxe comfort, and variety of fabric choices, including velvet, vegan suede, and microfiber fabric, just to name a few. It can easily convert to a bed – just unzip the foam cushions and flip them over. The Milo Sleeper Sofa features a machine-washable mesh mattress cover, which makes for easy maintenance.

This sofa is between 88 and 98 inches long, so it won't be a great fit if you're tight on space. Plus, some reviews mention that the sleeping area doesn't neatly align with [standard mattress sizes](#), so it could be a challenge to find

sheets that fit it. But if you regularly host overnight guests and have the room to spare, the elegant and durable Milo Sleeper Sofa might be the right match for you.

Specs:

Price:	Starts at \$2,665
Sofa Dimensions:	88 in. W x 40 in. D x 25 in. H (queen)
Opened Depth:	65.1 in.
Bed Size(s):	Queen, king

EXPAND LIST ▾

[Buy From Rove Concepts »](#)

Best Budget

Room Essentials Convertible Sofa Bed »



PROS:

- ✓ Budget-friendly
- ✓ Easy to assemble
- ✓ One-year warranty

CONS:

- ✗ Too firm for some
- ✗ 250-pound weight limit

Buy From Target

If you're on the hunt for a chic sleeper sofa on a budget – and many shoppers are, with 81% of our survey respondents indicating price and value as top considerations – check out the Room Essentials Convertible Sofa Bed from Target.

Priced at just less than \$400, this trendy two-seater is ideal for college students or recent grads who need to furnish their space without breaking the bank. It’s also a solid pick for anyone who wants something more practical than an air mattress for guests.

Gray upholstery and tapered plywood legs give it a modern Scandinavian vibe. When you’re ready to go to sleep, simply recline it into a twin bed. Target customers like that it’s easy to assemble but also note that it skews firm, so anticipate a break-in period (or invest in a plush [mattress topper](#)). On the plus side, this budget-friendly sleeper sofa comes with a one-year warranty.

Specs:

Price:	\$399
Sofa Dimensions:	70.5 in. W x 35 in. D x 32.7 in. H
Opened Depth:	N/A
Bed Size(s):	Twin

EXPAND LIST ▾

Buy From Target »

Best for Small Spaces

Radley Chair Bed »



PROS:

- ✓ Available in more than a dozen colors
- ✓ Matching ottoman available
- ✓ Durable and easy-to-clean

CONS:

- ✗ Thin
- ✗ Cushion easily loses shape

[Buy From Macy's](#)

The Radley Chair Bed from Macy's will serve as the perfect midday nap station for a home office or small apartment. Upholstered with polyester chenille and framed by engineered hardwood and pine, this loveseat houses

a pullout twin foam mattress, but you may want to purchase a mattress topper since reviews say it’s quite thin.

With more than a dozen colors to choose from – neutral hues to bold pops of color – you’ll be able to find something that matches your aesthetic. If you have space to spare, you can add the matching storage ottoman to round out the look. Long-time users say it’s easy to clean and holds up well, but be prepared to fluff the included cushion often since it loses shape easily. It retails at \$1,289, but Macy’s hosts regular sales that cut as much as 40% off the price tag.

Specs:

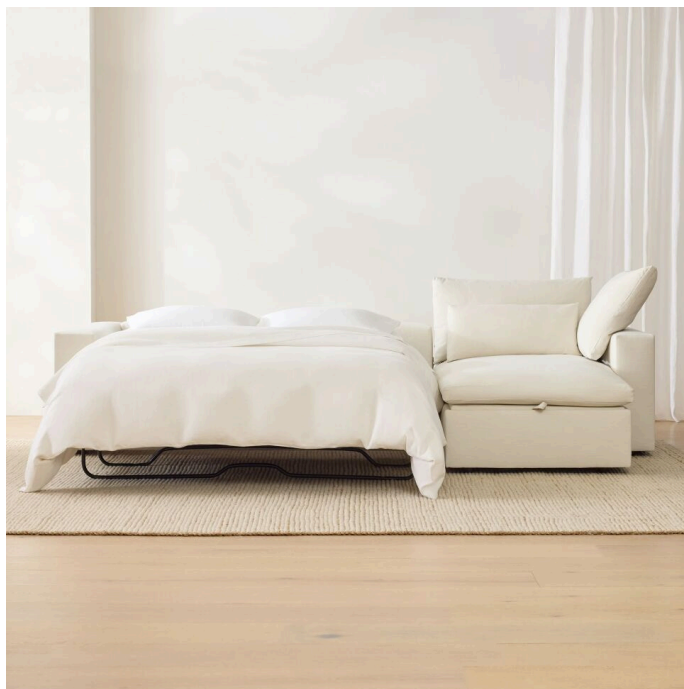
Price:	\$1,289
Sofa Dimensions:	54 in. W x 39 in. D x 30 in. H
Opened Depth:	72 in.
Bed Size(s):	Twin

EXPAND LIST ▾

[Buy From Macy's »](#)

Best Sectional

West Elm Harmony Modular Two-Piece Sleepe...

**PROS:**

- ✓ Customizable
- ✓ Easy-to-clean
- ✓ Chaise adds storage and sleeping space

CONS:

- ✗ Long lead time
- ✗ Expensive

[Buy From West Elm](#)

A [sectional sofa](#) like this West Elm Harmony Modular Two-Piece Sleeper Sectional gives you lots of options. You can place the chaise on the right or left or create your preferred custom configuration. The storage chaise can even serve as extra sleeping space for a small child or a pet. Additionally, you can pick from nearly 130 colors in various fabrics, including velvet, chenille, and performance fabrics that resist spills and friction. Set the throw pillows and seat cushions aside to unfold a queen gel [foam mattress](#).

Reviewers enjoy the plush coziness of the Harmony sofa and find it easy to clean, but this customizable comfort comes at a premium cost. Its price starts at about \$3,800 but, depending on your customization selections, it can run you more. And, you'll have to plan well in advance before you order, as lead times can run up to 10 weeks or longer.

Specs:

Price:	Starts at \$3,798
Sofa Dimensions:	123 in. W x 69 in. D x 37 in. H
Opened Depth:	90 in.
Bed Size(s):	Queen

EXPAND LIST ▾

[Buy From West Elm »](#)

Best King-Size

Crate & Barrel Fuller King Slope Arm Sleeper S...



- PROS:

 - ✓ No bars or springs
- CONS:

 - ✗ Expensive

- ✓

Three mattress options, including a Tempur-Pedic
- ✓

Can be disassembled to fit through narrow spaces
- ✗

Long lead time
- ✗

Seats not deep enough for some

Buy From Crate & Barrel

The 88-inch Crate & Barrel Fuller King Slope Arm Sleeper Sofa offers ample space to spread out and snooze. It features a patented mechanism called the Tiffany 24/7 Sleep System that allows you to easily convert it from sofa to bed, and it uses solid platforms rather than uncomfortable bars or springs.

If you live in an apartment, you'll appreciate how you can disassemble this sofa to navigate it through tight spaces. The standard option, which costs \$5,299 in a king size, comes with a high-density foam mattress featuring a layer of ThermaGel, a material designed to keep sleepers cool, but you also have the option to upgrade to a Tempur-Pedic (for \$1,246 more) or gel mattress (for \$392 more).

You can further customize this sofa by selecting the fabric, cushion fill, and leg finish. It's available as a sectional, too. While some customers wish the seats were deeper, Crate & Barrel shoppers overwhelmingly praise this unit's build quality and the outstanding comfort it provides for both lounging and sleeping.

Specs:

Price:	Starts at \$5,299
Sofa Dimensions:	72 in. W x 39 in. D x 36 in. H (queen)
Opened Depth:	85 in.
Bed Size(s):	Full, queen, king

[EXPAND LIST](#) ▼[Buy From Crate & Barrel »](#)

Easiest Assembly

Article Solna »



PROS:

- ✓ Only takes 20 minutes to assemble (according to company)
- ✓ Easily converts from bed to sofa
- ✓ Modern and versatile design

CONS:

- ✗ Unusual shape
- ✗ Too firm for some

[Buy From Article](#)

Putting together furniture is often a time-consuming endeavor, but Article claims its Solna sleeper sofa can be assembled in around 20 minutes. All tools are included along with simple-to-follow instructions. It’s a suitable size for smaller spaces like studio apartments or dorms, and it has a conversion mechanism that allows you to effortlessly switch from sofa to full-size bed by folding the back inward and pulling out the seat.

Plus, the sofa’s versatile modern design will mesh with nearly any space, but the cutouts give the bed an unconventional shape, meaning it might be a challenge to find sheets that fit it. Additionally, the unit’s futonlike construction may lend a firmer feel than some prefer.

Specs:

Price:	\$1,599
Sofa Dimensions:	86 in. W x 37.5 in. D x 32 in. H
Opened Depth:	89.5 in.
Bed Size:	Full

EXPAND LIST ▾

[Buy From Article »](#)

Best Minimalist

Pottery Barn Luna Upholstered Daybed »

**PROS:**

- ✓ Can sleep on it as is or pulled out
- ✓ Comes in performance fabric
- ✓ GreenGuard Gold certified

CONS:

- ✗ Takes at least five to eight weeks to arrive
- ✗ Has cushions rather than a traditional mattress

[Buy From Pottery Barn](#)

Interior designers admire the Pottery Barn Luna Upholstered Daybed for its clean lines and minimalist look. Unlike traditional daybeds, the Luna has a trundle that allows it to expand into a bed with a size that measures somewhere between a queen and a king. (Keep the trundle closed and you've got a single sleeper that's slightly larger than a twin-size bed.) It's available in more than 40 shades and comes in a wide selection of durable performance fabrics, which is a plus for households with pets or small children.

Additionally, the Luna is GreenGuard Gold certified, meaning it meets strict safety standards for having microbial resistance and low chemical

emissions. Since it’s made to order, you should expect at least five weeks for delivery.

Specs:

Price:

Starts at \$1,299

Sofa
Dimensions:

89 in. W x 35 in. D x 30 in. H

Opened Depth:

68 in.

Bed Size:

Twin (as is) and queen to king (pulled out)

[EXPAND LIST](#) ▾

[Buy From Pottery Barn »](#)

Most Durable

Joybird Briar Sleeper Sofa »



PROS:

✓

Limited lifetime warranty

✓

More than 80 fabric choices

✓

High-quality foam mattress

CONS:

✗

Can't comfortably seat multiple people

✗

Takes time to break in

Buy From Joybird

A sleeper sofa can be a major investment, so naturally you'll want it to last a while. That's why it didn't surprise us to learn that almost three-quarters (74%) of our survey respondents favor quality and durability. If this is also important to you, consider the Joybird Briar, a popular pick among professional reviewers and consumers designed with heavy use in mind.

It comes with a 5-inch dual-layer queen mattress made of both high-density foam and memory foam. (You can also upgrade to a Tempur-Response Memory Foam mattress for roughly \$700 more.) Among the 80-plus fabric options is an impressive selection of specialty performance fabrics that can withstand spills, stains, and general wear and tear. Plus, it has a sturdy kiln-dried hardwood frame and comes with a limited lifetime warranty.

Joybird claims the Briar seats three to four people, but several reviewers say it comfortably accommodates just two people. Although the included foam mattress earns high marks, you'll likely need time to break in the couch cushions, as they may feel firm at first. That said, reviewers say that the cushions get softer after use.

Specs:

Price:	Starts at \$3,598
Sofa Dimensions:	79 in. W x 36 in. D x 35 in. H
Opened Depth:	86 in.

Bed Size:

Queen

[EXPAND LIST](#) ▼[Buy From Joybird »](#)

The Bottom Line

We've selected the Rove Concepts Milo Sleeper Sofa as our best overall pick because of its seamless conversion mechanism, washable mattress pad for convenience, and a combo of comfort and luxury that's a hit with both consumers and shopping experts. However, it's quite large, so if you're working with limited space, our list features options that are better suited for small rooms including the chic Article Solna and the practical Room Essentials Convertible Sofa Bed.

Ultimately, the best sleeper sofa for your needs will depend on your budget, available space, and how often you intend to use it. Our picks span a range of prices, sizes, and specialties to help you find one that's the right match for you.

Things to Consider When Buying Sleeper Sofas

When shopping for a sleeper sofa, it's important to do some legwork first. "During your search, it is important to consider comfort, functionality, and space as priorities," says Madison Popper, principal designer and founder of a Miami-based interior design studio called Chill Casa. Take the factors below into consideration when shopping for a sleeper sofa.

Dimensions: Artem Kropovinsky, interior designer and founder of the New York-based interior design studio Arsight, recommends measuring your intended area "rigorously." You'll need to account for the size of the sleeper sofa when it's closed and opened into a bed, along with the sizes of other furniture you have in the room. Otherwise, you'll risk cluttering your space and making it difficult to move around.

Don't overlook hallways or doorways, either. Measure those areas to see whether or not your sleeper sofa will fit through when moving it into your home.

Bed Size and Type: The right bed size will depend on who will be using your sleeper sofa. A full-size option should be enough for a single adult, but couples will fare better with a queen or king. Meanwhile, a twin-size sleeping area is usually found in a sleeper seat and will best suit a small child. Note that most sleeper sofa beds don't neatly align with standard mattress sizing conventions, so keep that in mind when shopping for sheets.

As with any other mattress, you'll want to consider the comfort level of the one that comes with your sleeper sofa. An overwhelming majority of survey-takers – 80%, to be exact – indicated that this a top priority when selecting a sleeper sofa.

Polyurethane foam and innerspring are among the cheapest mattress types you'll find, but they're not built for long-term comfort. If your sleeper sofa will be your principal bed or regularly serves as a bed for guests, consider upgrading to memory foam (for pressure relief), gel foam (for cooling), or latex (for support).

It's also worth considering the height of the mattress: The standard height of a sofa mattress is 4 1/2 inches. Isfira Jensen, chief executive officer and principal designer of Nufacet Interiors, a full-service interior design firm in New York City, says, "Aim for a mattress that is generally thicker as it will provide adequate support and an overall better night's sleep."

Conversion Mechanism: The most prevalent method for converting a sofa into a bed is a pullout mechanism - the method in which you remove the cushions and pull out a metal frame that unfolds to reveal a mattress. Some newer designs are moving away from springs and metal bars to offer a more streamlined experience.

Jensen says, "The mechanism for converting the sofa into a bed should be smooth and easy to operate. Adequate testing of the mechanics is highly recommended not only to determine your preference for a pull-out vs. fold-out but also to ensure a smooth operation when in use." If you're considering a sleeper sofa that's unavailable at a physical store, look for a product video that shows the conversion mechanism in action.

Materials: The materials used in your sleeper sofa play a crucial role in both its comfort and durability. Jensen recommends shopping for models with a "sturdy,

well-constructed frame” and cushions that can “withstand regular wear and tear.” Kropovinsky agrees, urging shoppers to “prioritize a robust frame coupled with enduring fabric.”

Kiln-dried hardwood frames are a durable choice, as they resist cracking and warping. While engineered wood like plywood and particleboard might be more affordable options, they probably won’t stand the test of time quite like hardwood.

Performance fabrics made from a blend of synthetic and natural fibers will make cleaning stains easier and hold up better over time. They’re highly recommended for homes with kids and pets. Other durable fabric options include [leather](#) and cotton, while velvet is an appealing choice for its plushness and luxurious look. When possible, request fabric swatches so you can get a sense of how fabrics feel and fit into your space.

Weight Capacity: You’ll want your sleeper sofa to comfortably accommodate you and your guests without compromising its structure. Depending on the brand, the weight capacity may be difficult to find online, so reach out to the manufacturer if it’s not listed. Naturally, larger sofas and seats (and their accompanying mattresses) should be able to support more weight, but confirming these details with the manufacturer will give you peace of mind.

Customization Options: Customization options allow you to get a piece that perfectly aligns with your aesthetic and space. Several of the brands on our list allow you to select custom fabrics, colors, mattress types, and even specific design elements like the arms and legs.

Just note that custom-made furniture generally comes at a higher cost compared to ready-made pieces, which is a trade-off for investing in higher-quality furniture. Additionally, most custom furniture can’t be returned once it’s delivered.

The Best Overall vs. The Best Budget Sleeper Sofa

Whether you have a few hundred or a few thousand dollars to spend on a new sleeper sofa, you’ll be able to find options in your desired price range.

Our selection for the best overall sleeper sofa, the Rove Concepts Milo, is a mid-priced model that starts at about \$2,700. It comes in an array of fabric materials and colors, with certain options – like the sage green vegan suede – costing a bit more. The seating area of the Milo folds out to a foam mattress with a removable, machine-washable mesh cover that makes it easy to keep clean.

For much less money, our budget-friendly recommendation is Target's Room Essentials Convertible Sofa Bed at about \$400. It has a modern, no-frills look with light gray cushions and a light plywood base and legs; unlike the Milo, this couch only comes in one upholstery option. The seat back of this sofa can go flat to convert it to a twin-size bed.

If you need something that can accommodate multiple people sitting or laying on it, the Milo might be a worthwhile investment, thanks to its spacious dimensions and weight capacity of 660 pounds. The Room Essentials model has a much lower weight limit that tops out at 250 pounds, but its less obtrusive size makes it preferable for smaller living spaces, like a single-person apartment.

Our Survey Results

We surveyed 100 people to get an idea of what consumers tend to look for in a sleeper sofa. This piece of furniture is often a steep investment, so it makes sense to want a level of quality and durability that justifies the price. That's why we weren't surprised to learn that the most popular decision factors named by survey-takers were price and value (81% of respondents), mattress comfort (80%), and quality and durability (74%).

In addition to being a big spend, a sleeper sofa is also – physically speaking – one of the biggest components of your interior design (especially when fully extended). Accordingly, size and fit were scored as important considerations by 60% of the participants in our survey.

How We Chose the Best Sleeper Sofas

In our search for the best sleeper sofas, we took note of recommendations from both professionals and everyday consumers. We also reached out to several experts for guidance on what makes a sleeper sofa comfortable, supportive, and aesthetically pleasing. People who contributed their expertise to this piece include:

- [Grant Radermacher](#), a chiropractor and the owner of Ascent Chiropractic
- [Madison Popper](#), principal designer and founder of Chill Casa
- [Artem Kropovinsky](#), interior designer and founder of Arsight
- [Isfira Jensen](#), chief executive officer and principal designer of Nufacet Interiors

From there, we narrowed it down to more than a dozen contenders, considering factors like price, performance, and overall reputation among consumers and experts. In addition to an overall pick that scored above average in every category, we designated seven runners-up that stood out in specific areas such as cost, durability, and design.

WHY SHOULD YOU TRUST US?

The author of this piece, [Alison Barretta](#), is a commerce writer and product reviewer specializing in sleep products. Her bylines include Forbes, Business Insider, Mashable, Tom's Guide, TechRadar, and The Manual. The reviewer of this piece, [Marlo Jappen Porto](#), has been an editor at U.S. News 360 Reviews since 2022, specializing in the home and health categories.

FAQ

How much do sleeper sofas cost?



What's the difference between a sleeper sofa and a futon?



How long do sleeper sofas last?



How can you make a sleeper sofa more comfortable?



About Our Team



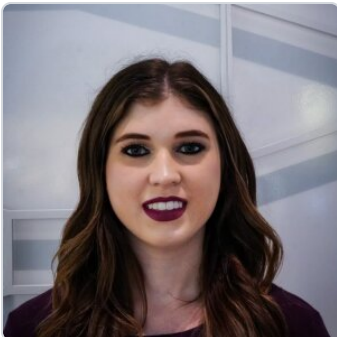
Alison Barretta

Contributor



Alison Barretta is a Philadelphia-based freelance writer and editor specializing in sleep-related product reviews and buying guides. Her bylines include Forbes, Business Insider, Mashable, Tom's Guide, TechRadar, and The Manual.

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Marlo Jappen Porto

Former Editor



Marlo Jappen Porto is a former editor for U.S. News 360 Reviews, focusing on home goods. Prior to joining the team, she was a researcher at NBCUniversal, where she gathered compelling and relevant archival content for live broadcasts. In addition, she has spent years working as an editor and community journalist.

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