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7 Best Mattress Toppers of 2024

By [Lauren Allain](#)



Edited by [Marlo Jappen Porto](#)

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A mattress topper might be the solution if your current mattress is no longer providing a good night's sleep. Often made of foam, mattress toppers vary in height and can add either plush support or firm ergonomic alignment, depending on your needs and the state of your current mattress. They can also transform an otherwise uncomfortable sofa bed into something cozy for overnight guests.

We surveyed nearly 100 people about mattress toppers and 75% said comfort is a top priority while almost 80% mentioned quality and durability. We think the Sleep Innovations 4-Inch Plush Support Dual Layer Gel Memory Foam topper is a great option, offering an affordable price for a thick mattress topper that comes with a machine-washable cover.

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Best Overall

Sleep Innovations 4-Inch Plush Support Dual L...

4.7 ★★★★★ **U.S. News Rating**

**PROS:**

- ✓ Combines memory foam and pillow top
- ✓ Removable and machine-washable cover
- ✓ Plush feel ideal for softening a firm mattress

CONS:

- ✗ May require deep-pocket sheets
- ✗ Return policy could vary by retailer

[Buy From Amazon](#)

This topper from Sleep Innovations combines the cushioning of memory foam with a pillowy fiberfill surface, offering the best of both worlds. It consists of two pieces: The base is a 3-inch slab of memory foam infused with cooling gel and has air channels cut into the foam to enhance breathability, and the top component is the cover, which features a fluffy, quilted surface and stretches over the bed like a fitted sheet, helping to keep everything in place. Sleep Innovations describes this topper as plush in feel, so while it may be the solution for a mattress that lacks cushioning, it's likely not ideal if you're looking for firm support.

Altogether, the two layers of this mattress topper stack up to 4 inches. This is on the thicker side, so it'll add significant height to your mattress. This means that, if you already have a high-profile bed, you may need a deep-pocket fitted sheet to fit properly over it. You can also use the individual components of the topper separately if you prefer. The cover is conveniently machine-washable and [dryer-safe](#), which helps to keep your sleep space hygienic.

Note that Sleep Innovations doesn't specify a sleep trial for this product. The company only sells via third-party retailers, so the return policy will vary depending on where you purchase it. However, it's backed by a 10-year warranty.

Specs

List Price (Queen):	\$139.99
Size Options:	Twin, full, queen, king, California king
Material:	Fiberfill cover and cooling gel memory foam
Thickness:	4 in.

[EXPAND LIST](#) ▾

[Buy From Amazon](#) »

Best Budget

Lucid 2-Inch 5-Zone Lavender Mattress Topper »

4.3 ★★★★★ ☆ U.S. News Rating

**PROS:**

- ✓ Less than \$100 for queen size
- ✓ Infused with lavender scent
- ✓ Unique size options

CONS:

- ✗ No attachment straps
- ✗ Cover not included

[Buy From Amazon](#)

A budget-friendly mattress topper can be a smart choice for adding comfort to a mattress you plan to replace soon or for occasional use by overnight guests. At slightly less than \$60 for a queen size, we like this 2-inch option from Lucid if you're looking to give your bed a softer feel. The surface has varying textures from top to bottom, providing targeted pressure relief to different areas of your body. Its foam is also infused with lavender, which Lucid says helps to promote relaxation.

Unlike some more expensive options, this topper doesn't include a removable cover to keep it clean. However, Lucid does sell compatible covers separately. This topper also lacks straps to secure it on top of your

mattress, though you can try covering it with a tight fitted sheet or adding a nonslip mat beneath it to hold it in place.

Because this topper comes in a twin XL size, it could make an affordable option for college students with uncomfortable dorm beds. It’s also available in the less common full XL size.

Specs

List Price (Queen):

\$57.99

Size Options:

Twin, twin XL, full, full XL, queen, king, California king

Material:

Lavender-infused memory foam

Thickness:

2 in.

EXPAND LIST ▾

[Buy From Amazon »](#)

Best for Back Pain

ViscoSoft Select High Density Mattress Topper »

4.2 ★★★★★ ☆ U.S. News Rating

**PROS:**

- ✓ Medium-firm feel promotes proper spinal alignment
- ✓ Choice of two thicknesses
- ✓ Removable, washable cover
- ✓ Corner straps and nonslip base

CONS:

- ✗ Heavy
- ✗ May feel too firm for some

[Buy From ViscoSoft](#)

Those with [back pain](#) often benefit from the supportive feel of a medium-firm bed that supports spinal alignment. If you find that a sagging or overly soft mattress isn't holding up your spine properly, this topper from ViscoSoft is recommended for adding a touch of firmness and support. It's made with high-density foam meant to cushion your pressure points without sinking beneath you. However, it may not be a good fit if you prefer a more plush feel from your bed.

The topper comes in your choice of thickness – 3 or 4 inches – and all standard bed sizes, as well as a short queen size that could be appealing if you’re shopping for an [RV mattress](#) topper. Keep in mind that the density of the foam means it’s on the heavier side, weighing about 30 pounds for a queen size, which can make it tricky to set up and move around on your own. However, we appreciate the convenience of the corner straps and nonskid base to prevent slipping around, as well as the removable cover that can go in the washing machine and dryer.

Specs

List Price (Queen):

Starting at \$269.95

Size Options:

Twin, twin XL, full, full XL, queen short, queen, king, California king

Material:

Gel-infused memory foam

Thickness:

3 or 4 in.

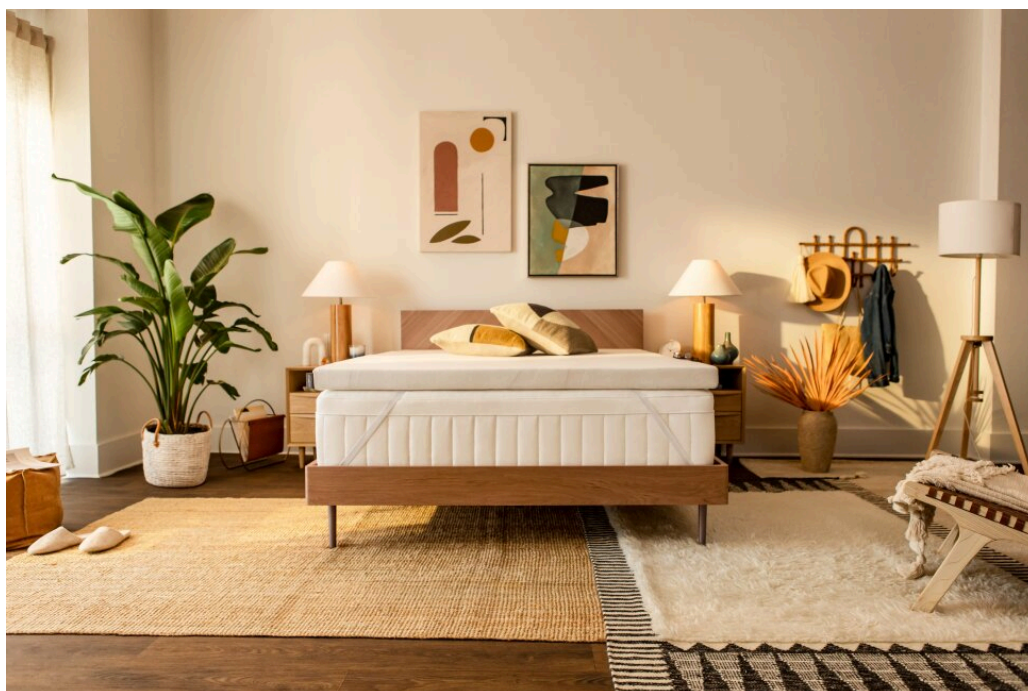
[EXPAND LIST](#) ▾

[Buy From ViscoSoft »](#)

Best for Side Sleepers

Tempur-Pedic Tempur-Adapt Topper »

4.2 ★★★★★ ☆ U.S. News Rating

**PROS:**

- ✓ Adaptive, body-conforming pressure relief
- ✓ Corner straps
- ✓ Removable, washable cover
- ✓ Cooling upgrade available

CONS:

- ✗ Pricey
- ✗ No sleep trial or returns

Special Offer: Get 40%
OFF with code
TOPPERS40 at checkout!

Buy From Tempur-Pedic

If you're a side sleeper who tends to experience pressure on your hips and shoulders, you could appreciate this Tempur-Adapt Topper from Tempur-Pedic. It features the brand's proprietary take on memory foam called Tempur Material that's designed to respond and adapt to the size, weight, shape, and temperature of your body for cushioning where you need it most.

The Tempur-Adapt Topper comes with straps on the corners that stretch over your mattress to keep it in place. It also has a removable cover that you can easily clean in the washing machine. While the cover fabric is designed

to add breathability and wick away moisture – ideal for those who deal with night sweats – Tempur-Pedic also offers a cooling upgrade to the topper if you’re a particularly hot sleeper.

At more than \$400 for a queen size, this topper is an investment, especially when you consider that Tempur-Pedic doesn’t accept returns of the product if you’re unhappy with it. However, if you purchase during a sale period, you may be able to score a pretty steep discount that saves you several hundred dollars.

Specs

List Price	\$419
(Queen):	
Size Options:	Twin, twin long, full, queen, king, California king
Material:	Tempur Material
Thickness:	3 in.

EXPAND LIST ▾

[Buy From Tempur-Pedic »](#)

Best Organic

Turmerry Latex Mattress Topper »

4.0 ★★★★★ U.S. News Rating

**PROS:**

- ✓ Certified by Global Organic Latex Standard (GOLS)
- ✓ Multiple firmness options
- ✓ Lengthy sleep trial

CONS:

- ✗ No attachment straps
- ✗ Not ideal for sleepers with latex allergy

[Buy From Turmerry](#)

If you prefer all-natural and nonsynthetic bedding, then certified organic products are the way to go. This mattress topper from Turmerry is made from latex certified by the GOLS. [Latex](#) is a popular natural alternative to memory foam, as it offers pressure relief without retaining as much heat or inhibiting movement, though you may want to avoid handling this topper if you have a latex allergy.

This is a topper that can suit a range of sleepers because it comes in multiple firmnesses as well as thickness options, ranging from 2 to 4 inches. The 4-inch option also comes with a cover included. ([Topper covers](#) from

Turmerry are available for purchase separately for the lower-profile options). However, there are no straps to prevent the topper from shifting around.

Still, this Turmerry topper stands out for both its customizable options and its sleep trial of 120 days. This gives you several months to test out the topper at home and return it for a full refund if you don't like it. It's also backed by a five-year warranty.

Specs

List Price (Queen):	Starting at \$179
Size Options:	Twin, twin XL, full, queen, king, California king
Material:	Organic latex
Thickness:	2, 3, or 4 in.

EXPAND LIST ▾

[Buy From Turmerry »](#)

Best Firm

PlushBeds Natural Latex Mattress Topper »

3.8 ★★★★★ ☆ U.S. News Rating

**PROS:**

- ✓ Medium-firm and extra-firm options
- ✓ Two thickness choices available
- ✓ Made with certified organic latex

CONS:

- ✗ Nonreturnable
- ✗ Pricey

[Buy From PlushBeds](#)

If you're a back sleeper, a [stomach sleeper](#), or a [heavier sleeper](#) (weighing more than 250 pounds), you typically want to avoid a bed that feels too soft – it can allow your midsection to sink, causing your spine to curve and leading to back pain. If you find your current mattress feeling unsupportive, consider opting for a firmer mattress topper like this Natural Latex Mattress Topper from PlushBeds that comes in both medium-firm and extra-firm versions.

The topper is made from GOLS-certified latex, a natural bedding material that's known for its durability and ability to resist sagging over time. Organic materials tend to come with higher price tags though, with this topper

starting at more than \$400 for a queen size. Note that the price varies by firmness, with firmer selections costing more.

You'll also want to keep in mind that PlushBeds doesn't accept returns on mattress toppers, but it does back the topper with a five-year warranty. (The brand notes that its topper can last as long as 20 years.) Though it doesn't include a cover, you can purchase one made from organic cotton separately from PlushBeds. Plus, it comes in your choice of thickness (2 or 3 inches) as well as three softer firmness levels (Soft, Med-Soft, and Medium), giving shoppers plenty of opportunity to personalize this topper according to their exact needs.

Specs

List Price (Queen):	Starting at \$445
Size Options:	Twin, twin XL, full, queen, king, California king
Material:	Organic latex
Thickness:	2 or 3 in.

EXPAND LIST ▾

[Buy From PlushBeds »](#)

Best Down

Standard Textile Down Featherbed »

3.4 ★★☆☆☆ U.S. News Rating

**PROS:**

- ✓ Responsible Down Standard (RDS) certified
- ✓ Two-layer design
- ✓ Baffle-box stitching

CONS:

- ✗ Dry-clean-only
- ✗ Limited size options

[Buy From Standard Textile](#)

A down mattress topper is an ideal choice when you want to add a touch of softness and fluffiness to your bed but don't necessarily require extra support and pressure relief. This Down Featherbed from Standard Textile features a two-layer construction, with the top layer containing 100% down and the lower layer containing 10% down and 90% feathers.

The 3-inch profile of this topper gives it a decent amount of loft, while baffle-box construction helps to prevent the fill from shifting around and going flat. It holds certifications from the RDS and Standard 100 by Oeko-Tex that ensure the materials are ethically sourced and free from several harmful substances.

Specs

List Price \$300
(Queen):

Size Options: Full, queen, king

Material: Down and feather fill and cotton shell

Thickness: 3 in.

[EXPAND LIST](#) ▼

[Buy From Standard Textile »](#)

The Bottom Line

A mattress topper can be a good option if you're not comfortable sleeping on your current mattress. Whether it's too firm or too soft, a topper can alter the feel to make the mattress better suit your preferences. A topper can also be a more affordable remedy, instead of buying a new mattress.

The Sleep Innovations 4-Inch Plush Support Dual Layer Gel Memory Foam Mattress Topper is our top recommendation if you're searching for a topper that'll add a plush feel to your bed. At 4 inches tall, it features gel-infused memory foam paired with a washable cover that stretches over both the topper and your mattress to help keep it securely in place.

Things To Consider When Buying a Mattress Topper

Similar to shopping for a new [mattress](#), choosing the right mattress topper comes down to your own preferences and how you'd like the topper to perform. Here are a

few items to consider when shopping for a mattress topper.

Materials and Desired Feel: You might already know you love the feeling of sinking into memory foam or that you sleep best on the responsive feel of latex. Mattress toppers come in a range of materials including foam, [memory foam](#), latex, wool, down, and down alternatives. The material is likely to affect the firmness, feel, and performance of the topper, meaning it's useful to have some desires in mind.

[Side sleepers](#) could be looking for the pressure relief of memory foam, while a sleeper whose bed is currently too soft could find a good match with a firmer latex topper. Couples could also improve motion isolation with a foam mattress topper, and hot sleepers could be looking for a [topper with cooling abilities](#).

Height: It's a good idea to consider the height of a potential mattress topper and how tall that it'll make your overall bedding setup. Some sleepers prefer the aesthetic of a low-profile bed, but others are drawn to tall mattresses. Also, consider if your new topper will require a new [deep-pocket fitted sheet](#) to accommodate the extra height.

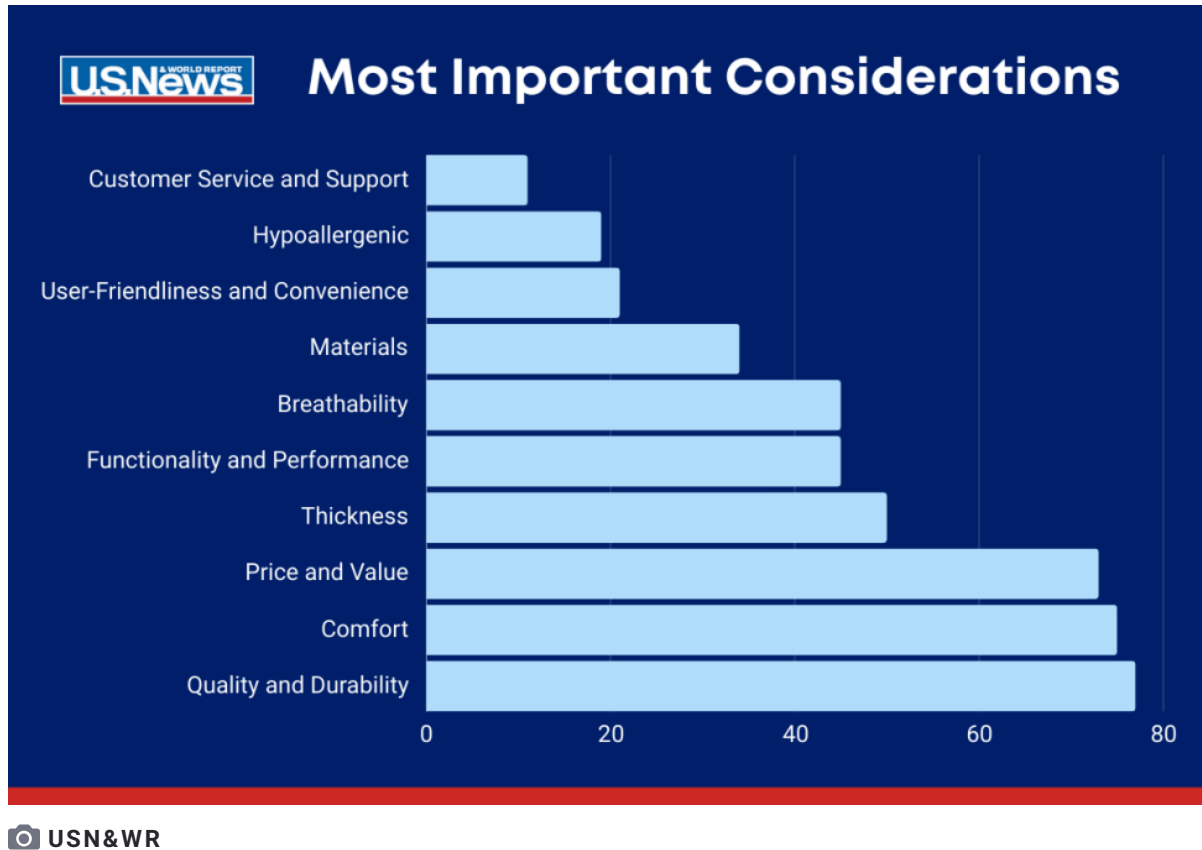
Budget: A mattress topper can be a more budget-friendly alternative to buying a new mattress. The mattress toppers featured in our rating range in price from about \$60 to more than \$400 for a queen size. Of the 100 consumers we surveyed, 73% listed price and value as one of the five most important features when selecting a mattress topper.

If you're considering a topper that costs as much as (or, in some cases, more than) a new mattress, then it might be a smarter investment to just replace your mattress. Remember to not just compare prices but also the value of the products. A topper that comes with a cover, corner straps, a flexible sleep trial and return policy, and a long warranty can give you more bang for your buck.

Our Survey Results

We surveyed nearly 100 people to uncover what's most important to consumers when shopping for a mattress topper. The five most important factors to those we surveyed are quality and durability (77% of respondents), comfort (75%), price and value (73%), thickness (50%), and functionality and performance (45%).

Surprisingly, only 34% said they consider the materials to be a top consideration. However, materials play heavily into a topper's comfort, durability, and performance, which directly ties into highly-ranked considerations.



How We Chose the Best Mattress Toppers

To compile our top recommendations of mattress toppers, we compared dozens of models, factoring in considerations like materials, thickness, and breathability. We also looked into company policies like a sleep trial and warranty, since these can be helpful to ensure you're getting the right mattress topper for a good night's sleep. We finalized our selections by comparing price to value and quality of the materials used in the topper.

WHY SHOULD YOU TRUST US?

[Lauren Allain](#), the author of this piece, has over six years of experience with testing and reviewing products. Her expertise includes sleep products and home goods. For U.S. News 360 Reviews, she's covered a range of sleep products, including the best

[soft mattresses](#), [memory foam mattresses](#), and [mattresses for side sleepers](#). She's also covered sleep products for Reader's Digest and Mattress Firm.

FAQ

What is a mattress topper?



How do I clean a mattress topper?



How do I keep a mattress topper from sliding?



About Our Team



Lauren Allain

Contributor



Lauren Allain is a contributing writer for U.S. News 360 Reviews where she covers sleep products and other home goods. She's a trained journalist with expertise in sleep health, fitness, and wellness. In addition to 360 Reviews, her sleep-product writing has appeared in Homes & Gardens, INSIDER, tuck.com, Mattress Firm, and sleep.com.

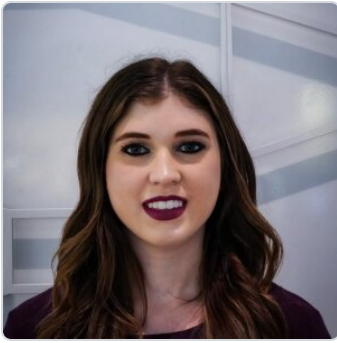
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Marlo Jappen Porto is a former editor for U.S. News 360 Reviews, focusing on home goods. Prior to joining the team,



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