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5 Best Memory Foam Mattresses of 2024

By [Sheli Paige Frank](#) and [Lauren Allain](#)



Edited by [Marlo Jappen Porto](#)

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Memory foam beds are appealing to those who like the feel of a conforming yet supportive mattress. Suitable for all different kinds of sleepers, all-foam mattresses come in a range of firmness levels from cloud-like soft to extra-firm. Additionally, they tend to weigh less than other types of mattresses, which means they're not as difficult to maneuver, and many are available at an affordable price.

The Bear Original, which we've tested in our 360 Lab, earns our pick for the best overall memory foam mattress thanks to its supportive materials, solid edge support, and strong motion isolation. In addition to in-person testing, we also relied on consumer surveys, extensive research, and expert insights to arrive at our list of the best memory foam mattresses.

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Our Top Picks

Best Overall: [Bear Original](#) »

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Best Budget: [Zinus Green Tea Memory Foam Mattress](#) »

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Best Cooling: [Nectar Memory Foam »](#)[Jump to Review ↓](#)**Best for Side Sleepers:** [Tempur-Pedic Tempur-Cloud »](#)[Jump to Review ↓](#)**Best for Couples:** [Leesa Original »](#)[Jump to Review ↓](#)**Best Overall****Bear Original »****4.1** ★★★★★☆ **U.S. News Rating****PROS:**

- ✓ Balance of pressure-relieving comfort and durable support
- ✓ Strong motion isolation

CONS:

- ✗ Could be too firm for some sleepers
- ✗ Tends to retain heat

[Buy From Bear](#)

- ✓ Affordable price
- ✓ CertiPUR-US and GreenGuard Gold certified

We found the Bear Original to have a medium-firm to firm feel with body-contouring softness. The Bear Original stands out for its responsive, pressure-relieving comfort.” I think this memory foam is one of the fastest foams I've felt,” said tester Huston Evans, who is 5 feet, 11 inches, and weighs 200 pounds. “It immediately knows what my back and joints need.” He also noted the bed’s excellent motion isolation, which is especially desirable if you share a bed. “I couldn't feel anything when my partner moved around,” he said.

Memory foam mattresses can be disappointing when it comes to edge support, but that wasn’t the case with the Bear Original. Tester Melinda Yeaman, who is 5 feet, 7 inches, and 165 pounds, said, “Sitting on the edge is just fine. It does its job.”

However, we didn’t find the Bear Original to be an ideal choice for hot sleepers since it tends to retain heat. Tester Catalina Arndt (5'8", 165 pounds) said, “Just moments after I laid on it, I started to feel the heat underneath me.” If you’re prone to overheating at night, it may be worth adding the brand’s Celliant-infused cover to your purchase for an extra \$130.

Costing less than \$1,000, the Bear Original is a suitable option for anyone shopping for a budget-friendly mattress or a bed for a guestroom.

Specs:

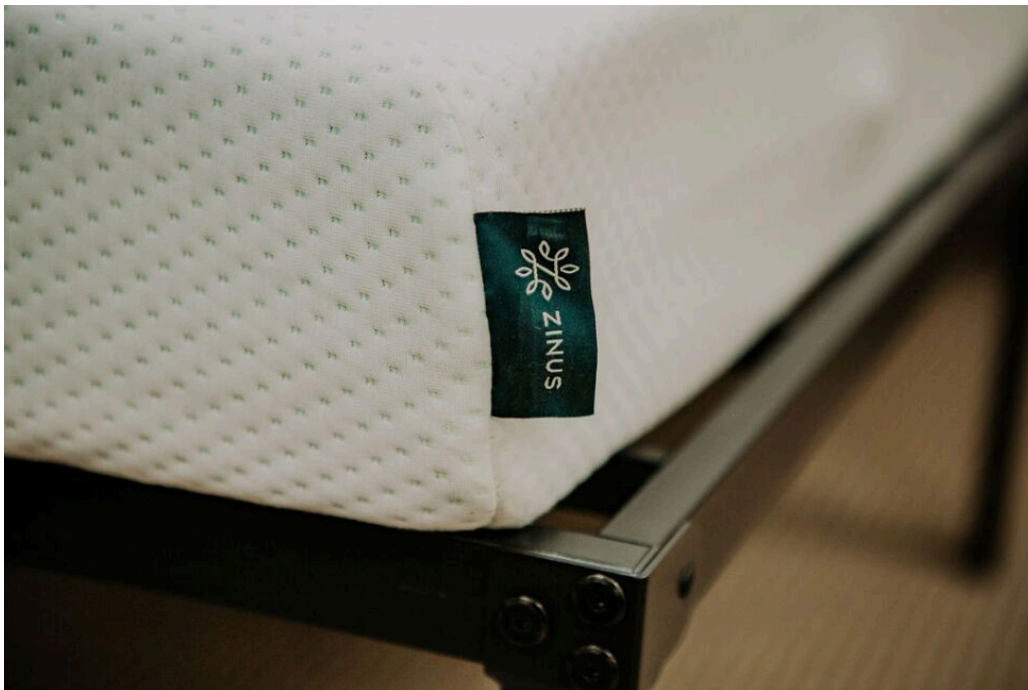
List Price	\$998
(Queen):	
Sizes:	Twin, twin XL, full, queen, king, California king, split king
Sleep Trial:	120 nights
Warranty:	Lifetime

[Buy From Bear »](#)

Best Budget

Zinus Green Tea Memory Foam Mattress »

3.6 ★★☆☆☆ U.S. News Rating



PROS:

- ✓ Affordable
- ✓ Wide range of sizes and thicknesses
- ✓ Good motion isolation

CONS:

- ✗ Lacks edge support
- ✗ May be too firm for side sleepers
- ✗ 6-inch version may not be supportive enough for larger sleepers

[Buy From Target](#)

The Zinus Green Tea Memory Foam Mattress is an affordable, firm, three-layer foam mattress. It’s made of a softer foam layer in the middle, a green tea- and charcoal-infused top layer, and a high-density foam base. Costing around \$300 for a queen size, the Zinus Green Tea Memory Foam Mattress is our top choice for sleepers shopping on a budget. It’s available in multiple thicknesses and sizes, making it suitable for a range of preferences.

Our sleep expert, Haniya Rae, who weighs 130 pounds and tested the 6-inch-thick queen mattress found it had good motion isolation and was easy to switch positions on. Another tester weighing 250 pounds found the same 6-inch Zinus Green Tea Memory Foam Mattress to be too thin to support larger sleepers. However, their home mattress is a more supportive, thicker Zinus model with a pillow top. Because of the density of the firm 6-inch foam version of the Zinus Green Tea Memory Foam Mattress, testers found it to be particularly comfortable for back and stomach sleepers. The mattress contours to heels and hips, which can provide extra comfort to back sleepers in particular.

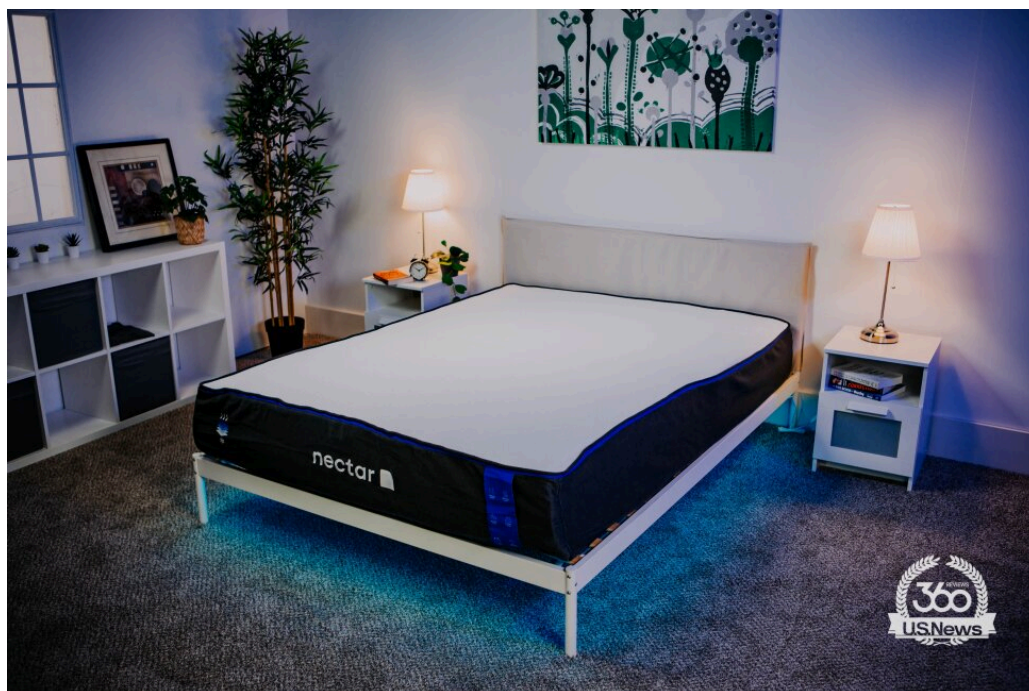
Specs:

List Price	\$299
(Queen):	
Sizes:	Twin, twin XL, full, queen, short queen, king, California king
Sleep Trial:	100 nights
Warranty:	10-year warranty

[Buy From Target »](#)

Best Cooling

Nectar Memory Foam »

**PROS:**

- ✓ Cooling cover
- ✓ Gel memory foam sleeps cooler than traditional foam
- ✓ Supportive for back and stomach sleepers
- ✓ Easy to move around on
- ✓ Excellent edge support

CONS:

- ✗ May be too large for some bed frames
- ✗ Top foam layer may be slow to conform to the body

[Buy From Nectar](#)

The five-layer, 12-inch-tall Nectar Memory Foam mattress consists of three distinct layers of memory foam encased in a shift-resistant cover on the bottom and a cooling cover on top. Each foam layer from the bottom stabilizing 7 inches of CertiPUR-US certified foam to the top 2 inches of gel-infused memory foam is built to provide a stable, contouring, cooling sleep. Our testers find it noticeably cool to the touch, though the cooling sensation diminishes over time.

They also found that, unlike other foam mattresses, the Nectar Memory Foam provides very good edge support, making it easy to get in and out of bed and change positions while also providing a good medium-firm mattress feel. An average-sized 190-pound tester felt supported sleeping on their back, side, and stomach, though a heavier 250-pound sleeper felt the mattress slide as they changed from back to side and side to stomach positions. A 130-pound side sleeper tester found the Nectar Memory Foam mattress to be a bit firm and slow to conform to their body.

Specs:

List Price	\$1,099
(Queen):	
Sizes:	Twin, twin XL, full, queen, king, California king, split king
Sleep Trial:	365 nights
Warranty:	Lifetime warranty

[Buy From Nectar »](#)

Best for Side Sleepers

Tempur-Pedic Tempur-Cloud »

3.7 ★★★★★ U.S. News Rating

**PROS:**

- ✓ Soft feel
- ✓ Contours to the body
- ✓ Good motion isolation

CONS:

- ✗ Might be too soft for stomach sleepers
- ✗ Shorter sleep trial

Special Savings:
Get 30% Off
Tempur-Cloud
Mattress
Purchase!

Get Discount

The Tempur-Cloud mattress is made from a combination of soft and medium Tempur memory foam material intended to minimize pressure points and contour to the shape of your body. [Dr. Christopher Gharibo](#), a board-certified doctor, professor, and pain management specialist through the NYU Langone Health System, strongly recommends soft, reactive mattresses for [side sleepers](#) because they contour to the side of the body, though he did not recommend Tempur-Pedic – or any other model – specifically. A softer mattress provides more coverage of pressure points you don't find in the back or stomach positions.

In the Tempur-Cloud, a soft, responsive top layer of foam is followed by two firmer support layers intended to relieve pressure over the course of a long

night, making it a good choice for side sleepers looking for a soft, cushioning mattress that contours to their hips and shoulders and aligns their spine

With the same proprietary foam of other Tempur-Pedic mattresses, the Tempur-Cloud comes at a fraction of the cost and is light and easy to rotate and move with plenty of give, according to our in-house testers who found it comfortable for back and side sleeping alike. Tester Melinda noted, “The mattress absorbs pretty much all of the motion of a partner,” which is a plus if you share the bed.

Specs:

List Price (Queen):	\$1,999
Sizes:	Twin, twin long, full, queen, king, California king, split king
Sleep Trial:	90 nights
Warranty:	10-year warranty

[Get Discount »](#)

Best for Couples

Leesa Original »

3.2 ★★☆☆☆ U.S. News Rating

**PROS:**

- ✓ Minimal motion transfer
- ✓ Cooling sensation that lasts
- ✓ Pressure-relieving top layer provides more resistance than most foam
- ✓ Very comfortable for stomach sleepers

CONS:

- ✗ May lack necessary support for larger sleepers
- ✗ Lacking edge support

[Buy From Leesa](#)[Buy From Amazon](#)[Buy From Walmart](#)

The Leesa Original Mattress has four layers with a bottom 6-inch layer of firm high-density foam followed by 2 inches of contouring memory foam topped with 2 inches of cooling foam, all encased in a knit cover. When it comes to the [best mattress for couples](#), balancing support and stability is twice the challenge, and the Leesa Original provides both with a soft, plush mattress that bounces back.

Unlike other memory foam mattresses, the Leesa Original has a pressure-relieving top layer that springs back rather than sinks, which one of our testers who weighs 130 pounds found more comfortable for stomach sleeping than many other mattresses they tested. For sleepers who like to sleep cool, sharing a bed with another hot-blooded human is far from ideal. Our testers found the Leesa Original Mattress not only cool to the touch when they first lay down but said the material remained cool and didn't retain heat as time passed. "I did not notice warming on my stomach or on my back," said tester Lincoln Bailey, who is 5 feet, 11 inches, and 165 pounds. He added, "It was pretty cooling actually."

Specs:

List Price (Queen):	\$1,332
Sizes:	Twin, twin XL, full, queen, king, California king
Sleep Trial:	100 nights
Warranty:	10 years

[Buy From Leesa »](#)

The Bottom Line

Memory foam beds hit the sweet spot for sleepers who prefer a conforming feel but also want ergonomic support. They tend to excel in giving a cushioned feel in the upper layers that can be especially good for people looking for pressure-point relief, like side sleepers.

We feel the Bear Original is the best memory foam mattress overall. Through testing, we found it to be a medium-firm to firm all-foam mattress that has strong edge support, which can be hard to find in a memory foam bed. It also does a nice job of

isolating motion, a perk for couples. Plus, it costs less than \$1,000 in a queen size, making it a budget-friendly option.

Things To Consider When Buying a Memory Foam Mattress

Firmness: Often memory foam mattress brands give their mattresses a firmness rating or range. When considering how firm of a mattress to choose, sleepers should look at a number of factors, particularly how they typically sleep. Side sleepers often need a softer mattress to help cut down the impact a harder mattress can have against their hip and shoulder, while stomach and back sleepers might be more comfortable on a medium-firm mattress. Most memory foam mattresses land in the medium area for mattress firmness, which makes them a good fit for side and back sleepers, while stomach sleepers might want to opt for a firmer mattress to avoid sinking into the mattress and throwing off their spinal alignment. When considering how firm a mattress to choose, Dr. Gharibo recommends sleepers keep in mind how much resistance the foam has to your body.

Cooling Technology: Memory foam mattresses have a reputation for locking in heat, but, if you sleep hot, you can still choose an all-foam mattress, as many have cooling technologies and infusions embedded in the foam to keep you cool all night long. If you sleep hot, one way to go is to look for cooling gel and graphite infusions.

Edge Support: Sleepers who struggle to get up and down from their bed or like to sit on the edge of their bed should pay special note to the edge support when choosing a memory foam mattress. [Hybrid mattresses](#) or spring mattresses tend to have the best, but some memory foam mattresses also have good edge support, particularly those on the firmer side. An easy way to test if there's enough edge support in a memory foam mattress is to sit on the end for a few minutes and see if you sink down and, if so, how far, and if it makes it hard for you to get up, or gets worse if someone is lying down on the other side.

Certifications: Memory foam is a synthetic material so there's no such thing as a truly eco-friendly memory foam mattress. Nevertheless, there are a few certifications to look for to make sure your mattress has low volatile organic compounds (VOCs)

and is therefore safer to use inside without negatively affecting the air quality. CertiPUR-US is a certification most memory foam mattresses have, and it indicates the mattress has low VOCs and is made without certain known harmful chemicals. Another certification to keep an eye out for is GreenGuard Gold, which isn't only for foam but is similar to CertiPUR-US in that the certification means the product has been screened to ensure low VOCs to protect indoor air quality.

How We Chose the Best Memory Foam Mattresses

To choose the best memory foam mattresses, we conducted research and considered important factors like quality for the price, cooling and moisture-wicking materials, eco-friendliness, motion isolation, support and cushioning for different sleeping positions, and edge support. Notably, all of the mattresses on this list were tested by a panel in our 360 Lab in Salt Lake City.

We also contacted numerous experts including pain management specialist [Dr. Christopher Gharibo](#). His takeaway? You want a softer memory foam mattress than you think. Aim for medium-soft, and be sure the mattress has some give to it and adjusts to the contours of your body.

WHY SHOULD YOU TRUST US?

The editors and contributing writers at U.S. News 360 Reviews have a wide range of experience in reviewing, researching, and testing products. For 360 Reviews, [Sheli Paige Frank](#), one of the authors of this piece, has covered the best [RV mattresses](#), [mattresses for back pain](#), and [platform beds](#), among other sleep topics. Additionally, she's a scripted TV writer, a researcher, and a New York Times-published journalist. [Lauren Allain](#), the other contributor to this piece, has more than five years of experience writing about sleep products and their influence on how rested we feel each morning. In addition to 360 Reviews, Allain has written for Reader's Digest, Sleep.com, and Homes & Gardens. [Marlo Jappen Porto](#), who edited this piece, is a home goods editor at 360 Reviews, specializing in sleep and fitness content.

FAQ

Are there any certifications I should look for when buying a memory foam mattress? +

What should I do if my memory foam mattress has a strong odor? +

What are the signs that a memory foam mattress needs to be replaced? +

About Our Team



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Contributor

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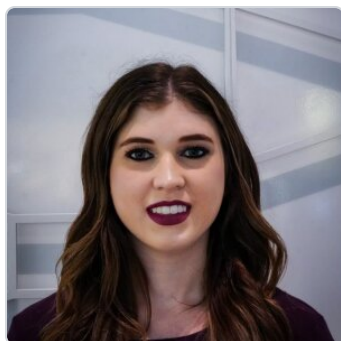
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Contributor



Lauren Allain is a contributing writer for U.S. News 360 Reviews where she covers sleep products and other home goods. She's a trained journalist with expertise in sleep health, fitness, and wellness. In addition to 360 Reviews, her sleep-product writing has appeared in Homes & Gardens, INSIDER, tuck.com, Mattress Firm, and sleep.com.

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Marlo Jappen Porto is a former editor for U.S. News 360 Reviews, focusing on home goods. Prior to joining the team, she was a researcher at NBCUniversal, where she gathered compelling and relevant archival content for live broadcasts. In addition, she has spent years working as an editor and community journalist.

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