

# 15 Below Rocks William Gill Theatre

By **MARLO JAPPEN**

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15 Below, an alternative rock band composed of Sewanhaka High School students, rocked the William Gill Theatre in New Hyde Park Village Hall on Wednesday, July 23. The band had the crowd tossing up beach balls to energetic beats and swaying their iPhones along to slower tunes.

"They were very good tonight," said Darren Derick Polanco. "I always come to their shows."

The band was aptly named 15 Below because all of its members were under the age of 15 when the band was formed over two years ago. Its members include lead guitar and vocalist, Dan Rodriguez, guitar, saxophone, and backup vocalist, Ryan Burger, John Savasta on bass guitar, Gerard Coppola on drums, and rapper Joey Mazzeo who was unable to perform because he had work.

"Mazzeo adds a whole other dimension to what we can do," said Rodriguez.

However, the audience still seemed to enjoy the performance.

15 Below performed throwbacks from their childhood such as "Boulevard of Broken Dreams" by Green Day, "Miss You" by Blink 182, and "Sugar We're Going Down" by Fall Out Boy. Smoke surrounded the performers and colorful strobe lights illuminated the stage as the band played hard rock songs such as the White Stripes "Seven Nation Army."

The audience went wild as the band delivered a rock rendition of "Let It Go," a popular song from the animated Disney movie *Frozen*, which was designed to be sung by a female soprano.

15 Below also performed their own original songs such as "Blue Little Bird" and "Run Away With Me."

The band has played at venues including the Holy Spirit Church Festival, CJ Wellingtons, Swing the Tea Pot, and the Plattdeutsche Restaurant, but the band loved playing at the Village Hall because of the receptive crowd.

"This was a dream come true," said



**15 Below played in the William Gill Theatre on Wednesday, July 23.**

Burger. "This had to have been the best show we ever played."

All of the members of 15 Below are heavily involved with the music department at Sewanhaka High School

and participate in jazz band as well as school talent shows and musicals.

"Performing comes naturally to all of us," Savasta said. "I feel like it's what I'm meant to do."

# Online Food Market Comes To New Hyde Park

By **ILLUSTRATED NEWS STAFF**

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Two Long Island childhood friends, Scott Reich and Michael Winik, recently left their respective careers as an attorney and investment banker to pursue their dream of starting a business together, the online food market OurHarvest in New Hyde Park.

OurHarvest's next scheduled pick-up is on Aug. 9 at Notre Dame Parish, 1 Aberdeen Rd., New Hyde Park. OurHarvest also has locations in Huntington, Roslyn, Hicksville, and Port Washington, with additional locations slated to open this year.

"When Mike and I decided to start a business, we knew it had to reflect our shared love of food, address the lifestyles of our fellow Long Islanders, and be socially responsible," said Reich. "People want access to high-quality, fresh food at affordable prices, and that's exactly what OurHarvest offers. We work with local farms and fishermen to bring the best all-natural products we can find to the market at peak freshness while working with community organizations to combat hunger at the same time."

OurHarvest provides consumers



**OurHarvest co-founders Scott Reich and Michael Winik**

with farm-fresh, natural foods at competitive prices while supporting Long Island food-based charities and pantries. OurHarvest customers log onto the website and choose a convenient market location and pick-up date from the dropdown menu on the homepage. There are more

than 35 choices of fresh, all-natural, high-quality foods, boneless skinless chicken breasts, Scottish salmon, Long Island wild tuna, grass-fed ground beef and different cuts of steak, pasture-raised egg, among other foods. Additional items are regularly being added to their product

selection.

"Our model is compelling, especially when you compare us to other food suppliers," noted Winik. "Unlike grocery stores and specialty shops, there are no questions about artificial additives, mislabeled products, or where your food comes from. We also ensure that the farmers get their fair share, so everybody wins."

For every order of \$25 or more, OurHarvest donates a meal to a local food pantry or food bank to help combat hunger on Long Island. To date, more than 500 meals have been donated (including to Long Island Cares and Island Harvest), with more donations on the way as demand for their products continues to rise.

The two co-founders grew up in Roslyn Heights and attended the University of Pennsylvania together, where they were roommates. They regularly talked about going into business together and always wanted to start a company that has strong societal value.

For more information about OurHarvest, or to place an order, visit [OurHarvest.com](http://OurHarvest.com) or follow them on Facebook at [facebook.com/shopOurHarvest](https://facebook.com/shopOurHarvest), on twitter at [@Our\\_Harvest](https://twitter.com/Our_Harvest), and Instagram at [@OurHarvest](https://www.instagram.com/OurHarvest).