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## 6 Best Queen Mattresses of 2024

By [Nina Derwin](#) and [Victoria Sheridan](#)

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Queen is the most popular mattress size, and for good reason. For many people, it hits the sweet spot for space and price. Measuring 60 inches wide and 80 inches long, it's the same length as a king-size mattress (though king beds are 16 inches wider). Queen beds are typically cheaper than king mattresses, and they're roomy enough for single average-sized adult couples, single sleepers, or individuals who share their bed with a child or pet. Since it's the most popular mattress size, you'll have a huge selection to choose from if you're shopping for a queen-size bed.

Through testing with a panel of sleepers and a detailed consumer survey, we think the DreamCloud is the best overall queen mattress. The hybrid bed has a medium-firm to firm feel while giving slight contouring to the body thanks to its quilted cashmere cover that includes gel memory foam.

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## Best Overall

### The DreamCloud »

**4.2** ★★★★★ ☆ U.S. News Rating



**PROS:**

- ✓ Hybrid support with gel memory foam and steel coils
- ✓ Quilted cashmere-blend pillow top
- ✓ Year-long sleep trial and lifetime warranty

**CONS:**

- ✗ Might be too firm for some
- ✗ Hot sleepers could get too warm

[Buy From DreamCloud](#)

The DreamCloud is designed with six layers that include both memory foam and durable spring coils to create a bed that we found to have a medium-firm to firm feel.

The DreamCloud could be ideal for sleepers who prioritize motion isolation, a plus if you share your bed. During testing, we felt very little movement from a co-sleeper switching positions or getting in or out of bed. "My partner's movement wasn't bothersome," said tester Melinda Yeaman, who is 5 feet, 7 inches and 165 pounds. "The bed absorbs quite a bit of the movement," she added.

The DreamCloud is a good choice for people who like a firmer [hybrid bed](#) with a bit of cushion in the upper layer. We found the mattress' firmness level to be comfortable, with tester Craig Hanks (5'11", 165 pounds) saying the bed has "Great firmness from the springs, and a touch of softness with the upper foam portion."

DreamCloud offers customers a 365-night sleep trial to make sure the mattress feels like the right fit for each person's preferences.

**Specs:**

**List Price  
(Queen):**

**\$1,332**

**Type:**

Hybrid

**Warranty:**

Lifetime

[Buy From DreamCloud »](#)

## Best Budget

### Tuft & Needle Essential T&N Original Mattress »

**PROS:**

- ✓ Budget-friendly
- ✓ 100-night sleep trial
- ✓ Cooling features

**CONS:**

- ✗ May be too firm for side sleepers
- ✗ Only one firmness level

[Buy From Tuft & Needle](#)

[Tuft & Needle's Essential T&N Original Mattress](#) is an affordable option that uses durable memory foam to contour to the body and provide relief for

pressure points. The mattress has two layers of foam: a sturdy, supportive foundational base layer that prevents sagging and a breathable top layer. The top layer of foam is infused with graphite and cooling gel that help draw away unwanted body heat and keep you cool throughout the night, and it has a soft and breathable cover. The mattress provides motion control to help reduce motion transfer, which is key for couples who share a bed.

The mattress is both Greenguard Gold and CertiPUR-US certified, meaning it's free from harmful chemicals, gases, and volatile organic compounds (VOCs). It only comes in a firm feel, which the brand says is made for back and stomach sleepers. Therefore, it may not be comfortable for side sleepers. Tuft & Needle offers free shipping and free returns within the contiguous United States, a 10-year limited warranty, and a 100-night sleep trial.

**Specs:**

<b>List Price</b>	\$895
<b>(Queen):</b>	
<b>Type:</b>	Memory foam
<b>Warranty:</b>	10 years

[Buy From Tuft & Needle »](#)

**Best for Side Sleepers**

**Helix Sunset Luxe Mattress »**



**PROS:**

- ✓ Memory foam layers contour to the body, delivering pressure relief
- ✓ Zoned coil system provides targeted support
- ✓ Breathable pillow top for added comfort and cooling
- ✓ CertiPUR-US and GreenGuard Gold certified

**CONS:**

- ✗ Not recommended for back and stomach sleepers
- ✗ Pricey

[Buy From Helix](#)

The Helix Sunset Luxe Mattress is designed for [side sleepers](#) and sleepers who frequently toss and turn. Layers of plush, contouring memory foam hug the body to deliver pressure relief to the hips and shoulders, which tend to experience the most pressure in the side-sleeping position. A layer of durable, dense foam and more than 1,000 individually wrapped coils provide a sturdy, supportive base and edge support. Ideal for side sleepers, this bed's

zoned coil system provides softer relief at the shoulders and firmer support at the hips.

The mattress has a quilted pillow top and a Tencel cover for added comfort that also helps keep you cool throughout the night. Helix offers the option to upgrade to its GlacioTex Cooling Cover for even better heat dissipation.

Each Helix Sunset Luxe Mattress ships for free and comes with a 100-night, in-home sleep trial and a 15-year limited warranty. Because the mattress is primarily geared toward side sleepers, back and stomach sleepers may find it too soft, and it may not be a good fit for couples with different sleep positions.

**Specs:**

List Price (Queen):	\$2,373.80
Type:	Hybrid
Warranty:	15 years

[Buy From Helix »](#)

Best for Back Pain

**Saatva Rx Mattress »**

**PROS:**

- ✓ Designed for people with chronic back pain
- ✓ Breathable construction
- ✓ CertiPUR-US certified

**CONS:**

- ✗ Expensive
- ✗ \$99 return fee

[Buy From Saatva](#)

Saatva designed the Saatva Rx Mattress specifically for people suffering from chronic back and joint pain to deliver optimized support. The mattress has a supportive core that adjusts to the body's curves and movements to help relieve pressure points and improve circulation. Made from gel-infused memory foam and microcoils, it reduces back pain by keeping the spine in alignment. The layers of breathable foam and supportive standard and microcoils are encased in a breathable cotton cover.

Saatva says the mattress has a supportive yet plush feel, and it's recommended for side sleepers, though it may also be a good fit for back and combination sleepers with back and joint pain.



Saatva offers a 365-night, in-home sleep trial; free in-room delivery and setup; free removal of your old mattress and foundation; and a lifetime warranty. It's worth noting that mattresses returned during the trial period incur a \$99 processing fee.

Specs:

List Price (Queen):	\$3,295
Type:	Hybrid
Warranty:	Lifetime

[Buy From Saatva »](#)

Best for Couples

Naturepedic EOS Classic Organic Mattress »



PROS:

CONS:

✓ Certified organic and nontoxic

✓ Right and left sides are independently customizable

✓ 25-year warranty

✗ Expensive

✗ May not suit people with latex allergies

[Buy From Naturepedic](#)

Naturepedic’s EOS Classic Organic Mattress allows you to select different firmness levels for the left and right sides independently, making it the ideal choice for [couples](#) who have different sleep preferences. The inner layers can be accessed by unzipping its cover, and the comfort layer can be exchanged for a different firmness if your preferences change.

The mattress is Global Organic Textile Standard (GOTS) certified organic, Made Safe certified, and GreenGuard certified. Its organic materials combined with its hybrid design make it breathable so sleepers stay cool throughout the night.

Naturepedic offers a 100-night, in-home sleep trial, as well as free shipping, free returns, and a 25-year limited warranty. Though the mattress is made from organic materials, the latex it contains may be a concern for people who suffer from latex allergies. Naturepedic also makes a version of the mattress that’s latex-free, as well as one that’s wool-free and vegan.

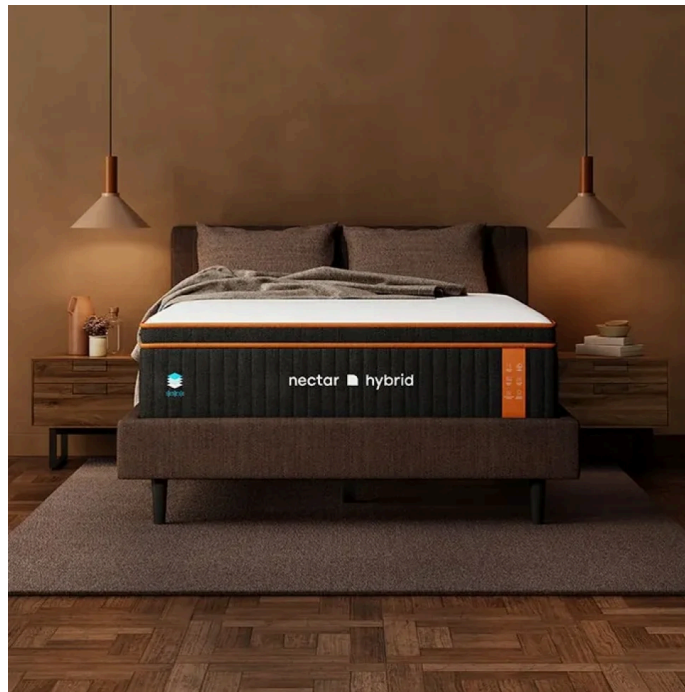
**Specs:**

<b>List Price</b> <b>(Queen):</b>	\$3,499
<b>Type:</b>	Hybrid
<b>Warranty:</b>	25-year limited

[Buy From Naturepedic »](#)

Best for Hot Sleepers

**Nectar Premier Copper Hybrid Mattress »**

**PROS:**

- ✓ Multiple cooling features
- ✓ Minimizes motion transfer
- ✓ 365-night sleep trial

**CONS:**

- ✗ Only one firmness option
- ✗ May require deep-pocket sheets

[Buy From Nectar](#)

The Nectar Premier Copper Hybrid Mattress utilizes copper fibers in its cover fabric to draw excess heat away from sleepers for a comfortable temperature throughout the night. Its hybrid design allows for both breathability from the coils and a plush, contouring feel from the foam layers. The individually wrapped coils also contribute to edge support while foam helps reduce motion transfer, which could appeal to people who share a bed with a partner. It has a soft, quilted Euro top that contains two layers of CertiPUR-US certified foam for optimized pressure relief, and an additional two layers of Nectar's own ActiveLift foam sandwich the coil core for spinal support and structure.

The mattress comes in just one firmness, which the manufacturer describes as medium-firm, and while it's likely a good fit for back and stomach

sleepers, some side sleepers could find this too firm. Keep in mind that, because the Nectar Premier Copper Hybrid Mattress is 14 inches tall, it may require [deep-pocket sheets](#) for a secure fit.

**Specs:**

<b>List Price</b> <b>(Queen):</b>	\$2,249
<b>Type:</b>	Hybrid
<b>Warranty:</b>	Lifetime

[Buy From Nectar »](#)

**The Bottom Line**

Queen-size beds are the most popular option, measuring 60 inches wide and 80 inches in length. A middle-of-the-road solution for those who don't have the space or budget for a king-size bed, queen beds are ideal for average-sized couples or single sleepers who want more space than what a full bed provides. Some individuals also find them to be a suitable size for sharing the bed with a small pet like a cat or a smaller dog. Since it's the most common size, you'll have the advantage of a wide selection of options.

We think the DreamCloud Mattress is the top overall queen-size bed. The DreamCloud is a hybrid bed, which we found to have a medium-firm to firm feel without being overly firm thanks to its cushioned upper comfort layer.

**Things To Consider When Buying Queen Mattresses**

**Mattress Type:** Mattresses come in a wide range of materials that include memory foam, latex, and innerspring coils, and hybrids combine both foam and coils. Different types of mattresses may lend themselves better to different sleepers depending on preferred sleep position, budget, and body weight.

- **Memory foam** is a popular mattress choice because it excels at providing pressure relief by contouring to the body and at isolating motion, which is key for sleeping with a partner. [Memory foam mattresses](#) also tend to trap heat, so they may not be well suited to hot sleepers who will likely be better off with a [cooling mattress](#).
- **Latex** is very durable and great at temperature regulation while providing pressure relief and support, but for some people, [latex mattresses](#) are cost-prohibitive, especially if it's natural and organic. However, the price you pay upfront may get you a mattress that lasts longer over time.
- **Innerspring** mattresses are typically the most affordable. They stand out for breathability to keep sleepers cool, but they don't provide the same contouring or pressure relief as memory foam and latex.
- **Hybrid** mattresses are a popular middle-ground between innerspring and all-foam beds, providing enough airflow to stay cool without compromising on pressure relief and contouring support.

**Firmness Level:** The best firmness level is often a matter of personal preference that varies depending on factors like a sleeper's body weight, preferred sleep position, and any chronic pain issues they may have.

Back and stomach sleepers usually find a medium-firm or firm mattress most comfortable for supporting the spine, while side sleepers typically require a softer mattress that contours to the body to cushion the hips and shoulders. Combination sleepers often benefit from choosing a mattress that's responsive enough to let them change positions easily.

Chronic pain is a key consideration for choosing the right firmness level. "Studies have found that sleeping on a medium to firm mattress can help alleviate back pain," says [Dr. Angelie Mascarinas](#), a physiatrist at the Hospital for Special Surgery. "Sleeping surfaces that promote a neutral spine alignment can also reduce low back pain by reducing stress on the spinal structures."



**Heavier people** are likely to require the support of a firmer mattress to achieve proper spinal alignment, while lighter people may find a softer mattress more comfortable.

**Temperature Regulation:** Sleeping in a cool and comfortable environment is a key part of getting quality rest. “Our body naturally lowers its temperature during sleep,” explains [Dr. Ana Krieger](#), a sleep medicine expert at NewYork-Presbyterian/Weill Cornell Medical Center. “Sleeping in a warm environment may affect this temperature regulation and interfere with sleep quality, leading to frequent awakening at night.”

If you tend to have trouble falling or staying asleep from feeling too hot and sweaty at night, a cooling mattress may be one solution. “Studies have shown that high-thermal-capacity mattresses help regulate skin temperature and core body temperature and promote deeper sleep,” says Dr. Mascarinas.

A mattress’s materials directly impact its breathability and temperature regulation. Mattress types that hug the body closely aren’t typically ideal for allowing hot air to escape. Memory foam, for example, is pressure-relieving and contouring but often traps heat. Latex is breathable by nature, and though it does contour to the body, it’s not as conforming as foam, allowing for better airflow. Innerspring mattresses use coils that don’t contour closely to the body and are often the best at temperature regulation. These coils also help air to flow through the mattress.

**Warranty and Return Policy:** Mattress return policies and warranties can vary by brand and retailer. Several mattress retailers provide in-home sleep trials that give you a chance to get used to your new mattress before committing to it, usually ranging from 30 days to an entire year. Mattresses can be returned for any reason during this window, though some retailers may charge return shipping or processing fees.

Most, if not all, mattresses come with a warranty that can range between one year and the lifetime of the mattress. These warranties usually cover anything considered a defect of materials or workmanship. Wear and tear from regular use is generally not covered by a standard mattress warranty. Be sure to carefully read and review the terms of the warranty before purchasing a mattress to understand its duration, what it covers, and what might void the warranty, like removing the mattress’s outer cover.

## What are the Dimensions of a Queen Mattress?

Queen mattresses measure 60 inches wide by 80 inches long. As the most common [mattress size](#), queen beds are typically recommended for average-sized adults, couples, and teens. If you're larger or prefer more space, you may want to opt for a king bed, which is wider, measuring 76 inches by 80 inches. Longer – but narrower – than a king-size mattress, a [California king](#) measures 72 inches wide by 80 inches long.

Alternatively, if you're short on floor space or are a smaller solo sleeper, you'll probably be better off with a [full bed](#), which is smaller in both length and width at 54 inches by 75 inches. Other smaller options include [twin beds](#) (38 inches by 75 inches) and twin XL mattresses, which are common in dorms and measure 38 inches by 80 inches.

## How We Chose the Best Queen Mattresses

At 360 Reviews, our team has carefully researched and tested dozens of mattresses. To compile this guide, our writer also combed through customer reviews and sought the expertise of specialists [Dr. Ana Krieger](#), a sleep medicine expert at NewYork-Presbyterian/Weill Cornell Medical Center, and [Dr. Angelie Mascarinas](#), a physiatrist at the Hospital for Special Surgery. We narrowed down our list by considering important factors like materials, firmness, cooling features, sleep trials, and warranties. Our top pick, the DreamCloud, was tested in our 360 Lab in Salt Lake City, where we had panelists of different weights and sizes spend hours evaluating its firmness, motion transfer, ease of movement, edge support, cooling, pressure relief, and comfort.

### WHY SHOULD YOU TRUST US?

Our contributors and editors have years of experience researching, testing, and reviewing products. [Nina Derwin](#), one of the authors of the piece, has written extensively about mattresses and other sleep products for Digital Trends. [Lauren](#)

[Allain](#), the other contributor to this piece, has more than five years of experience writing about sleep products and their influence on how rested we feel each morning. In addition to 360 Reviews, Allain has written for Reader's Digest, Sleep.com, and Homes & Gardens. [Marlo Jappen Porto](#), who edited this piece, is a home goods editor at 360 Reviews, specializing in sleep and fitness content.

## FAQ

**What is the average lifespan of a queen mattress?** +

**How do I choose the right level of firmness for a queen mattress?** +

**How do I make my queen mattress last a long time?** +

## About Our Team



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Nina Derwin is a Brooklyn-based writer with a passion for home decor, cleaning and organization, and food. In addition to contributing to publications including The Kitchn, Reader's Digest, Beyondish, and U.S. News 360 Reviews, Nina has written several episodes of scripted television for networks including Starz and Fox.

[Read more](#)

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Victoria Sheridan is an editor and certified sleep coach on the 360 Reviews team where she covers sleep products and home goods. She's an experienced writer and editor and has contributed to local news outlets and trade publications. She received a bachelor's degree in journalism from the George Washington University.

[Read more](#)



## Marlo Jappen Porto

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Marlo Jappen Porto is a former editor for U.S. News 360 Reviews, focusing on home goods. Prior to joining the team, she was a researcher at NBCUniversal, where she gathered compelling and relevant archival content for live broadcasts. In addition, she has spent years working as an editor and community journalist.

[Read more](#)

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