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Best Standing Desks of 2024

By [Marin Moore](#)



Reviewed by [Marlo Jappen Porto](#)

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Standing desks can bring a much-needed refresh to your workday, as these devices can help you increase productivity, reduce mental fatigue, and boost your mood. Whether you're looking for a large standing desk that can support multiple monitors or a compact model to fit in a small space, we've curated a list of the best standing desks for different types of users and budgets.

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[Jump to Review](#) ↓**Best Overall****UPLIFT V2 Standing Desk »****PROS:**

- ✓ Durable construction
- ✓ Keypad lock
- ✓ Lots of customization options

CONS:

- ✗ Assembly can be tricky
- ✗ May not be the best option for those less than 5 feet, 4 inches

[Buy From Amazon](#)

The UPLIFT V2 is a durable standing desk with a maximum load of 355 pounds. It's designed with a stability wedge and inverted legs for sturdiness. While many desks feature an anti-collision system, this model stands out

from the pack because it also has a keypad lock to keep the desk from moving until deactivated, which helps prevent accidents within your home or office.

This standing desk has more customization options than most models, and it’s available in multiple desktop finishes as well as with different options for keypads. This device has a custom accessory mounting system complete with 48 threaded mounting holes to allow for the addition of desk accessories like UPLIFT’s [sidecar shelf](#), [foot hammock](#), mountable surge protector, and more.

Featuring a one-touch adjustment system with up to four saved heights, the UPLIFT V2 will adjust to your preferred height with just a single touch. For an additional cost, you can purchase the [UPLIFT Bluetooth Adapter](#), which allows you to control your desk via the UPLIFT Desk App.

Specs

List Price:	\$569.00
Adjustable Height Range:	24.3-49.9 in.
Desktop Size and Stability:	42 in. W x 30 in. D and 355 lbs.
Warranty:	15 years

[Buy From Amazon »](#)

Best Budget

IKEA Trotten Standing Desk »

**PROS:**

- ✓ Affordable
- ✓ Manual hand crank
- ✓ Easy-to-assemble
- ✓ Sturdy

CONS:

- ✗ Max load of only 110 pounds
- ✗ Limited color options

[Buy From Amazon](#)

This model from IKEA is ideal for users looking to get a large desk at a lower price, as it measures 63 inches wide and 31 1/2 inches deep. However, with a maximum load of just 110 pounds, this desk may not be ideal for those with a lot of heavy equipment.

It's made with a steel base and a particleboard and fiberboard top that's easy to assemble. As it's a manual crank desk, it allows users to place the desk anywhere in their home since an electrical outlet isn't required. IKEA's website states that a benefit to this desk's manual hand crank is that it gives you the option to not only move your body from a sit/stand position but also work your arms as you adjust the height. The hand crank can be installed on

either side of the desk, and, when not in use, it can slide under the table to help maintain the sleek design.

Specs

List Price: \$369.99

Adjustable Height Range: 27 1/2-47 1/4 in.

Desktop Size and Stability: 63 in. W x 31 1/2 in. D and 110 lbs.

Warranty: 10 years

[Buy From Amazon »](#)

Best Adjustable

FlexiSpot E7 Premium Standing Desk »



PROS:

- ✓ Wide range of height options
- ✓ Child lock
- ✓ Easy-to-assemble

CONS:

- ✗ Heavy
- ✗ Cord management set costs extra

Buy From FlexiSpot

The FlexiSpot E7 has a height range of 22.8 to 48.4 inches, making it a great option for a variety of users. The liquid crystal display (LCD) keypad includes an embedded USB charging port, custom height presets, and a child lock. FlexiSpot offers several desktop material options to choose from.

This unit’s T-frame base gives it boosted stability in addition to a symmetrical appearance. For about \$100 more, users can opt for the C-frame to allow for extra under-desk space. The base of the E7 is made from solid carbon steel, which FlexiSpot guarantees will result in a durable and sturdy user experience.

Specs

List Price:	\$519.99
Adjustable Height Range:	22.8-48.4 in.
Desktop Size and Stability:	48 in. W x 24 in. D and 355 lbs.
Warranty:	15 years

[Buy From FlexiSpot »](#)

Best for Small Spaces

Branch Furniture Duo Standing Desk »



PROS:

- ✓ Compact dimensions
- ✓ Discrete control paddle
- ✓ Programmable reminders to stand

CONS:

- ✗ Limited height settings
- ✗ May not be the best option for those less than 5 feet, 8 inches

[Buy From Amazon](#)

Measuring 36 inches in width and 24 inches in diameter, this compact standing desk from Branch Furniture is ideal for those with limited space. Its frameless design makes for a lightweight desk that's easy to assemble and transport while simultaneously providing users with more legroom and stability.

Equipped with a control paddle that has a screen for height adjustments and programmable reminders to stand, the Duo Standing Desk also comes with anti-collision detection down to 28 inches. If you're looking to reduce even more clutter and find more space-saving options, Branch Furniture offers

add-on options, including a [drawer](#) and a [cable organizer tray](#) that easily installs to the back of your desk. The tray can be purchased with or without a power option.

Specs

List Price:	\$499
Adjustable Height Range:	28-47.8 in.
Desktop Size and Stability:	36 in. W x 24 in. D and 275 lbs.
Warranty:	10 years

[Buy From Amazon »](#)

Best for Dual-Monitor Setups

Vari Electric Standing Desk With ComfortEdge...



PROS:

- ✓ Large size suitable for two monitors
- ✓ Four programmable height settings
- ✓ Easy-to-assemble

CONS:

- ✗ Heavy
- ✗ Pricey

Buy From Amazon

The Vari Electric Standing Desk With ComfortEdge features a contoured desktop edge to allow for a more comfortable resting position for your wrists, forearms, and elbows. Its impressive desktop size (60 inches wide by 30 inches deep) makes it a great solution for those with a dual-monitor setup.

The desk is easy to put together, as it has a solid one-piece frame and “slide-and-lock” leg assembly. It's made with a top-grade heavy laminate, and many users have noted that the desk is extremely heavy at 121.68 pounds. There are additional accessories you can purchase with your desk such as an attachable desk drawer and a Dual-Monitor Arm, just to name a few. Vari offers free shipping in the contiguous U.S. Additionally, the company allows for returns up to 30 days from your purchase date and will pick up the desk from you free of charge.

Specs

List Price:	\$850
Adjustable Height Range:	25-50 1/2 in.
Desktop Size and Stability:	60 in. W x 30 in. D and 200 lbs.
Warranty:	5 years

Buy From Amazon »

The Bottom Line

When looking for a standing desk, it's important to consider height adjustability, max weight load, stability, and functionality in your space. Our top overall pick the UPLIFT V2 Standing Desk offers a range of customizable options – size, aesthetics, and accessories – that we've found to be unmatched by competitors.

Things To Consider When Buying Standing Desks

Height Adjustability Range: To achieve the best results with your standing desk, you'll want to find one with the correct height adjustability. According to the founder of The Ergonomic Expert Karen Loesing, a desk that can lower to 24 inches is suitable for almost all height ranges. Meanwhile, anyone who is more petite, she says, should consider a desk that can lower to 22 inches. Many desks offer programmable sizes, making it easier to switch between your sit/stand position. However, if those heights aren't right for your height, you may not be getting the maximum benefits.

Desktop Size and Max Weight Load: For the most optimized work setup, you'll want to make sure you're choosing a desktop size that takes into consideration all the equipment you'll be using. Loesing says, "You need to remember if working in standing that you may likely need to raise your monitor(s) as well so you may have to purchase monitor arm(s) or have height adjustable monitor stands."

The max weight load is also important to know, as it refers to the maximum amount the desk can support without breaking or malfunctioning. If your space requires a dual-monitor setup or the use of heavy equipment, you'll want to choose a desk that can support that weight and still provide you with the functionality of a standing desk.

Ease of Assembly: An often overlooked factor is the ease of setup prior to usage. Some desks are heavier than others, so make sure that the setup process doesn't require you to lift beyond your limits.

Additional Features: While additional features like a cable management system or a keyboard tray aren't considered must-haves by experts, they're something to take into consideration when you make your purchase. If you're unsure of what your needs will be down the road, it may be wise to opt for a desk that you can later customize or supplement with add-ons.

How We Chose the Best Standing Desks

To arrive at this list of the best standing desks, we sought the expert knowledge of Karen Loesing, a licensed physical therapist assistant, certified ergonomics assessment specialist, and founder of [The Ergonomics Expert](#), a business based in Los Angeles, California, that provides ergonomics consultations. We then explored both user and professional reviews and compared price, height adjustability, size, stability, ease of assembly, and customization options, which we used to select our top picks.

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Our contributors and editors have years of experience researching, testing, and reviewing products. [Marin Forte](#), the author of this piece, is a freelance writer who specializes in home decor, entertainment, and technology. Previously, she worked in IT for nearly a decade, managing user setups, system issues, and team expansion.

FAQ

What are the health benefits of using a standing desk?



How do standing desks enhance productivity in the workplace?



What are the important features to look for when choosing a standing desk?



About Our Team



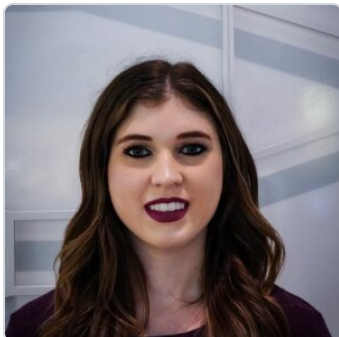
Marin Moore

Contributor

Marin Forte is a contributing writer who specializes in home decor, entertainment, and technology. She previously worked in IT for nearly a decade, managing user setups, system issues, and team expansion.

In addition to product reviews, she has also written for various entertainment outlets writing reviews and critiques of th ...

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Marlo Jappen Porto is a former editor for U.S. News 360 Reviews, focusing on home goods. Prior to joining the team, she was a researcher at NBCUniversal, where she gathered compelling and relevant archival content for live broadcasts. In addition, she has spent years working as an editor and community journalist.

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